

# Leapskills

Teacher Information: Parent Resource



## Are you ready for the leap?



**91%**

of educators thought that the Leapskills session adds value to their UCAS programme

**96%**

of students were engaged

**91%**

of teachers said they'd recommend the Leapskills session to a colleague

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The concept is great and really valuable to students. It's an area we don't really cover so I'd definitely use this resource again

*(Teacher)*

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A resource that my pupils unanimously felt was worthwhile participating in and should be used/delivered to all 6th formers

*(Careers lead/UCAS Co-ordinator South East/West of England)*



Leaving home for the first time is very exciting, but it's also a time of big change and can be a very daunting experience.

As the UK's largest student accommodation provider, we see first-hand and from our research\* the difficulties young people can face when they move away from home. Expectations about university life don't always match the realities, but sometimes the easiest way to better prepare is to talk about it. To date we have supported nearly 2000 young people, in classrooms and our properties, to have these conversations through our Leapskills program. To continue our support during the current school closures, we have developed a free parent-friendly version.

**9% of students say their higher education experience closely matches their prior expectations with 81% of applicants reporting feeling excited about going to university and 61% of applicants feeling anxious.**

Leapskills was created to better prepare young people for independent living by encouraging those difficult discussions using video content and a digital game to introduce student characters and real life scenarios. The resource gives general insight into shared living and promotes conversations which will help develop conflict resolution skills and build resilience.

Both teacher and student feedback has been overwhelmingly positive with the resource securing an endorsement from the Department of Education.

The resource is designed for 17-18 year olds and can be delivered in as little as 45 minutes. It relates to the Key Stage 5 PSHE programmes of study and is a great platform to start conversations at home about young people soon making the leap to living independently.

\* The research refers to The Leap, a short report, where parents and prospective students across the UK shared what they need and expect from student life and accommodation. You can access the full report [here](#).

You can access the free Parent Resource through TES available [here](#).

For further information or questions please contact [leapskills@unitestudents.com](mailto:leapskills@unitestudents.com).